## Claims:

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- 1. A method of reducing wear in a cutting head of a tunnel boring machine, by means of the addition at the cutting head of a foamed aqueous liquid composition, which comprises a foaming agent and a lubricant, the lubricant being selected from the group consisting of high molecular weight polyethylene oxides and bentonite.
- 2. A method according to claim1, in which the individual ingredients of the foaming composition are metered in individual aqueous form into water and are converted to foam.
- 3. A method according to claim 1 or claim 2, in which the foaming agent is selected from anionic and nonionic surfactants.
- A method according to claim 1, in which the composition is supplied as a concentrate, which is diluted with water in situ, to provide the foaming composition.
- 5. A wear-reducing foamable liquid concentrate, consisting of at least one lubricant selected from high molecular weight polyethylene oxide and bentonite and at least one foaming agent which gives rise to short-lived foams, optionally also containing at least one sequestering agent and at least one foam booster, the quantities present being respectively:
  - (a) in the case of polyethylene oxide as lubricant:

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0.1-3% polyethylene oxide;

2-40% foaming agent;

up to 5% sequestering agent; and

up to 1% foam booster;

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and (b) in the case of bentonite as the lubricant:

- 2-30% bentonite; and
- 2-40% foaming agent;
- 5 by weight of liquid composition, the remainder being water.
  - 6. A wear-reducing foamed liquid consisting of a concentrate according to claim 8 diluted in from 1-20 volumes of water and foamed to give a volume expansion of from 5 40 times.

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